

## Motta, Maritza R., VBASPT

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**From:** Adobe Connect Notifications <admin@adobeconnect.com>  
**Sent:** Thursday, November 17, 2022 2:15 PM  
**To:** Richey, Alisa C. (Victor 12)  
**Subject:** [EXTERNAL] Adobe Connect- Chat Transcript from HR Community of Practice

Transcript from Chat with Everyone

Motta, Maritza - HRTT Orlando: (11/17/2022 12:48) Good Afternoon/Morning Everyone. Welcome to our HR Community of Practice - Federal Employees Health Benefits Open Season - "How To"

Richey, Alisa, Course Advocate: (11/17/2022 12:48) Hello everyone! For attendance purposes, please make sure you are logging in and entering your name in the following format: Last Name, First Name, RO Location Forney, Cortiena: (11/17/2022 12:52) Good Afternoon and Happy Thursday! Forney, Cortiena, DC VBACO Andrea Tretheway:

(11/17/2022 13:08) Tretheway, Andrea VBACO in DC Margaret Smith: (11/17/2022 13:08) My last child is dropping off next month of my dental and vision as he turns 22. I am single and have a family policy or single plus 1. Do I need to change my policy to single only for dental and vision or does that happen automatically.

Muldrow, Michael Phoenix: (11/17/2022 13:08) Muldrow, Michael Phoenix

D.S.: (11/17/2022 13:08) When will FGLI open up again?

Sheila Johnson: (11/17/2022 13:11) Hello, can you provide the slides from today's training. Thanks McCombs, Andrea: (11/17/2022 13:12) Sheila - they will be available on our SharePoint site once we receive the recording McCombs,

Andrea: (11/17/2022 13:12) D. S. - We never know when they do FEGLI open seasons. they aren't regularly scheduled

Wendy Vasquez-Stachowiak: (11/17/2022 13:13) are folks able to make any update to fegli if they already have it

Armitage, Rhonda: (11/17/2022 13:13) Do you have your spouse on the plan for the full 5 years prior if you plan on having your spouse covered after retirement as well?

Margaret Smith: (11/17/2022 13:13) Does the 5 years prior to retirement also count for spouses? Say you don't get married until 3 or 4 years before you retire. I am stating that the employee has had if 5 years.

McCombs, Andrea: (11/17/2022 13:13) Margaret Smith - You will need to change your coverage for your Dental and

Vision as well Larson, Jamie, St Paul Pension: (11/17/2022 13:13) That is with any plan or provider or the same coverage provider for the 5 years Malcolm, Nordia, HRC Baltimore: (11/17/2022 13:13) I'm assuming this is 5 consistent years. No break?

Margaret Smith: (11/17/2022 13:14) So how do I change it to just myself? is there a form or a website?

McCombs, Andrea: (11/17/2022 13:14) Wendy Vasquez - You can decrease your FEGLI coverage at any time; however, in order to increase you would either need a qualifying life event (QLE) or physical McCombs, Andrea: (11/17/2022

13:15) Margaret - You would need to go to the Benefeds website McCombs, Andrea: (11/17/2022 13:15) Nordia -

Depending on why you had a break in service... typically it has to be consistent years McCombs, Andrea: (11/17/2022

13:15) There will be a Q&A pod at the end to ask any questions Alicea, Lisa Phoenix RLC: (11/17/2022 13:18) would I be able to get the healthcare when I retire if I was covered for healthcare under my husbands (also a fed employee) health plan?

Barracough, Andrea, Phoenix: (11/17/2022 13:18) Did I understand correctly? Even in retirement there is open season? Meaning we can have dependents on our insurance in retirement?

McCombs, Andrea: (11/17/2022 13:19) Andrea - Yes, there is an open season in retirement Campbell, Darin, Phoenix: (11/17/2022 13:21) If you use mypay, you are still required to have the supporting docs, correct? i.e marriage license

Margaret Smith: (11/17/2022 13:21) I change the coverage to Benefeds website? What about my pay?

McCombs, Andrea: (11/17/2022 13:22) Darin - no, during open season you don't need any proof. If the change is outside of open season you wouldn't be able to use myPay to make any changes as you would have to submit a 2809

and proof of QLE Lacour, Elrick, Phoenix NCC: (11/17/2022 13:22) good info McCombs, Andrea: (11/17/2022 13:22)

Margaret - we don't make vision and dental changes in myPay, only FEHB Armitage, Rhonda: (11/17/2022 13:26) Must you have your spouse on health insurance the full 5 years prior to retirement or can you add after retirement?

Margaret Smith: (11/17/2022 13:27) So my son also goes off live ins when he turns 22? How do I change my deduction for life ins for my son who also is turning 22. Or does this happen automatically. He is my last dependent eligible for this ins.

McCombs, Andrea: (11/17/2022 13:28) Margaret - you would submit the SF-2817 decreasing your coverage Margaret Smith: (11/17/2022 13:29) Where do I access SF-2817?

McCombs, Andrea: (11/17/2022 13:29) I'm getting you the link McCombs, Andrea: (11/17/2022 13:29) One moment.. .my computer is slow Sheila Johnson: (11/17/2022 13:33) Hello, what is the lifetime expectancy amount on gov't insurance plans?

McCombs, Andrea: (11/17/2022 13:34) That isn't a question we could answer. There are hundreds of plans with different costs, coverages, etc.

Sheila Johnson: (11/17/2022 13:35) What about BCBS or Carefirst in DC Area?

McCombs, Andrea: (11/17/2022 13:36) Margaret - still trying to get the link McCombs, Andrea: (11/17/2022 13:37) <https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.opm.gov%2Fforms&data=05%7C01%7C%7C7726696b8dcf4597dedc08dac8d0215b%7Ce95f1b23abaf45ee821db7ab251ab3bf%7C0%7C0%7C638043093643842042%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IklhaWwWwLjCjXVCI6Mn0%3D%7C3000%7C%7C%7C&data=qg5a25tNijuZfVqGIBvPKb2KufZd9dYBvosONDHMeVA%3D&reserved=0>

McCombs, Andrea: (11/17/2022 13:37) Standard Forms = SF Margaret Smith: (11/17/2022 13:38) I am not able to get into Benefeds. I have my log on but won't let me establish a new password? Suggestions?

McCombs, Andrea: (11/17/2022 13:39) There is a number for Benefeds, you made need to contact them as we do not maintain those programs.

McCombs, Andrea: (11/17/2022 13:39) Let me see if I can get the number for you Benson, Christina HRTT: (11/17/2022 13:41) [https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.opm.gov%2Fforms%2Fpdf\\_fill%2Fsf2817.pdf&data=05%7C01%7C%7C7726696b8dcf4597dedc08dac8d0215b%7Ce95f1b23abaf45ee821db7ab251ab3bf%7C0%7C0%7C638043093643842042%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IklhaWwWwLjCjXVCI6Mn0%3D%7C3000%7C%7C%7C&data=2hxfIwswMlaFRMiY3vmKjQ%2BHRVq4VKM2VnveY7M6Yc%3D&reserved=0](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.opm.gov%2Fforms%2Fpdf_fill%2Fsf2817.pdf&data=05%7C01%7C%7C7726696b8dcf4597dedc08dac8d0215b%7Ce95f1b23abaf45ee821db7ab251ab3bf%7C0%7C0%7C638043093643842042%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IklhaWwWwLjCjXVCI6Mn0%3D%7C3000%7C%7C%7C&data=2hxfIwswMlaFRMiY3vmKjQ%2BHRVq4VKM2VnveY7M6Yc%3D&reserved=0)

McCombs, Andrea: (11/17/2022 13:43) Margaret - 877-888-3337 that's the Benefeds number Dillard, Cynthia,Phoenix: (11/17/2022 13:43) Yes Marshall, Serina, PHX: (11/17/2022 13:43) Yes TY Sara gauff: (11/17/2022 13:43) You're doing great!

Collins, Monica, St. Pete: (11/17/2022 13:44) Yes, you're doing great!

Benson, Christina HRTT: (11/17/2022 13:45) <https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.bing.com%2Fck%2Ffa%3F!%26%26p%3D5113daf3b2a843f9JmltdHM9MTY2ODY0MzlwMCZpZ3VpZD0xNDk5MTI3Ni0xMmlxLTZkZTYtMGU0YS0wMDI5MTM5NDZjMzYmaW5zaWQ9NTE2Mg%26ptn%3D3%26hsh%3D3%26fclid%3D14991276-12b1-6de6-0e4a-002913946c36%26psq%3Dfedibenifits%252f%26u%3Da1aHR0cHM6Ly93d3cuYmVuZWZlZHMuY29tLw%26ntb%3D1&data=05%7C01%7C%7C7726696b8dcf4597dedc08dac8d0215b%7Ce95f1b23abaf45ee821db7ab251ab3bf%7C0%7C0%7C638043093643842042%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IklhaWwWwLjCjXVCI6Mn0%3D%7C3000%7C%7C%7C&data=PudoPWehO%2FR2TpFhLWPO9IA5yJlLWvm%2Br%2FQgTkemoSE%3D&reserved=0>

Benson, Christina HRTT: (11/17/2022 13:47) posted the link <https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.benefeds.com%2F&data=05%7C01%7C%7C7726696b8dcf4597dedc08dac8d0215b%7Ce95f1b23abaf45ee821db7ab251ab3bf%7C0%7C0%7C638043093643842042%7CUnknown%7CTWFpbGZsb3d8eyJWljojMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IklhaWwWwLjCjXVCI6Mn0%3D%7C3000%7C%7C%7C&data=2R%2FTzCU6ZfMb%2FnLal43I%2BSASmgAl25DRYc0ENXFocAA%3D&reserved=0>

Brian: (11/17/2022 13:47) Thanks Christina !

Shelton, Renita: (11/17/2022 13:48) Please hold your questions to the Q & A session as we want to respect the time of all of the participants.

Benson, Christina HRTT: (11/17/2022 13:52) each individual plan has a contact number as well. They are the experts on their own plans. This is a good homework option to call the plan you're thinking of going with and ask a few questions of them Margaret Smith: (11/17/2022 13:58) How do I know what factor I had elected for my life insurance as far as Option B election?

Madsen, DiAnne, PHX: (11/17/2022 13:59) If we don't want to switch, do we need to do anything?

Richey, Alisa, Course Advocate: (11/17/2022 13:59) Please enter questions in the box in the middle of the screen ----->

Saucedo, Jose, ALAC: (11/17/2022 13:59) If I have been on my plan for 5 years but my spouse has not. Can I add my spouse to my health plan when I retire?

Josh: (11/17/2022 13:59) I just had a son, I want keep BCBS. to add him on I can simply change the Code in mypay. Or do i need fill out his information somewhere?

Estevan Gastelum: (11/17/2022 13:59) As soon as a there is a change in marital status, we must submit paperwork directly to our local HR?

Marshall, Serina, PHX: (11/17/2022 13:59) TY please take care!

McCombs, Andrea: (11/17/2022 14:00) Margaret - this is on FEHB; however, in order to answer your question you can look at your SF-50 or go to your eOPF and look for your SF-2817 Margaret Smith: (11/17/2022 14:00) Thanks for your assistance.

Richey, Alisa, Course Advocate: (11/17/2022 14:00) Please use the Q&A pod instead of the chat box for questions - this way your question doesn't get missed!

Josh: (11/17/2022 14:00) thank you

Scott, Eugene, Washington, DC: (11/17/2022 14:01) If my wife has our child on her plan and I add him to my plan, will the additional coverage cover any amount not covered by her plan?

Scott, Eugene, Washington, DC: (11/17/2022 14:02) Thank you!

John Alvarez: (11/17/2022 14:03) Where can you go to see your existing plan?

Forney, CORTIENA, VBACO DC: (11/17/2022 14:03) Thank you, great presentation!!

McCombs, Andrea: (11/17/2022 14:03) John - either in your eOPF or myPay should tell you.

Malcolm, Nordia, HRC Baltimore: (11/17/2022 14:04) THANK YOU! VERY HELPFUL!

Nancy Novickisvojca: (11/17/2022 14:04) where do you find the enrollment code?

RAMOS, JUAN; PHX: (11/17/2022 14:05) Are HSA any good? What type of person is a good fit for an HSA? Keeping in mind that HSA require a HDHP.

Ollie: (11/17/2022 14:05) If my daughter's mom has the same coverage, is it beneficial for both of us to have our daughter on the coverage?

McCombs, Andrea: (11/17/2022 14:06) Personal choice McCombs, Andrea: (11/17/2022 14:07) If you both are federal employees you can't cover the same people Malcolm, Nordia, HRC Baltimore: (11/17/2022 14:08) If my sons dad has coverage now, and will be removing him from his plan this Open enrollment so that I can add him. Will i be able to add him during this open enrollment?

RAMOS, JUAN; PHX: (11/17/2022 14:09) Is there downtime for this class?

Forney, CORTIENA, VBACO DC: (11/17/2022 14:10) Thank you, great presentation.

Kristopher Owen: (11/17/2022 14:10) thank you!

Mejia, Felix Phoenix: (11/17/2022 14:10) Thank you!

Sheila Johnson: (11/17/2022 14:10) Great presentation Maritza, thank you.

Ollie: (11/17/2022 14:10) Thank you!

Robertson, Monique HRC Baltimore: (11/17/2022 14:10) Thanks Sheila Johnson: (11/17/2022 14:11) What is the sharepoint site?

Magallanes, Mayra, Phoenix: (11/17/2022 14:11) thank you were a great presenter for this subject very knowledgeable.

Furukawa, Scott, Denver: (11/17/2022 14:11) should we direct FERS questions to our local HR?

Blount, Mitzi Atlanta, RO: (11/17/2022 14:11) Thank you!

Motta, Maritza - HRTT Orlando: (11/17/2022 14:11)

<https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdvagov.sharepoint.com%2Fsites%2FVBAHRPortal%2FHRTT%2FSitePages%2FHRTTNewSharepoint.aspx%3FOR%3DTeams-HL%26CT%3D1642702560990&data=05%7C01%7C%7C7726696b8dcf4597dedc08dac8d0215b%7Ce95f1b23abaf45ee821db7ab251ab3bf%7C0%7C0%7C638043093643842042%7CUnknown%7CTWFpbGZsb3d8eyJWljoic4wLjAwMDAiLjoiV2luMzliLjBtIl6k1haWwlcjV6Mn0%3D%7C3000%7C%7C%7C&sdata=yIN8Aherq5CYodEQx3KAEVGVJ9S0elKlHeHzyYu2hnQ%3D&reserved=0>

Furukawa, Scott, Denver: (11/17/2022 14:12) thank you Saucedo, Jose, ALAC: (11/17/2022 14:12) THANKS!!

Karlos: (11/17/2022 14:12) Thank you

Scott, Eugene, Washington, DC: (11/17/2022 14:12) Thank you both Janessa Aukward: (11/17/2022 14:12) Thank you!

Barracough, Andrea, Phoenix: (11/17/2022 14:12) Thank you!

#### Transcript from Chat with Hosts

Forney, Cortiena DC VBACO: (11/17/2022 13:02) Forney, Cortiena, DC VBACO

Sebastian, Rona: (11/17/2022 13:32) I also need the link to SF-2817. Thank you rona.sebastian@va.gov

#### Transcript from Chat with Blount

Blount: (11/17/2022 13:07) Hello, I cleared my cache and logged back on and was not able to enter my name in properly. Can you please assist me so that I can get credit?

Richey, Alisa, Course Advocate: (11/17/2022 13:11) Hello! You will need to clear your cache, then completely exit out of Adobe Connect and any browser windows you may have open. Then you should be able to enter and input your name

Blount: (11/17/2022 13:24) Thank you! I will try it

#### Transcript from Chat with Presenters

Forney, Cortiena DC VBACO: (11/17/2022 13:47) How do I cancel my vision and dental

Forney, Cortiena DC VBACO: (11/17/2022 13:48) How do I see if I'm still being charged or deductions are coming out of my paycheck

McCombs, Andrea: (11/17/2022 13:48) You will have to log into the Benefeds website to cancel

McCombs, Andrea: (11/17/2022 13:48) You would have to look in the deductions section of your LES

#### Transcript from Chat with CAPTIONER Jeanette

CAPTIONER Jeanette: (11/17/2022 14:07) I will need to leave soon.

Richey, Alisa, Course Advocate: (11/17/2022 14:09) Okay, thank you

#### Transcript from Chat with nabity, pam, Phx

nabity, pam, Phx: (11/17/2022 14:09) Hi Alisa, thank you for all your information, which plan(s) you have (I know it's specific to individual but I'm just curious. Safe travels to you & your fam