

2022 VBA-MST TRAINING SYMPOSIUM-RELATED RESOURCE LIST

DAY	TOPIC	PRESENTER	LINK(S)
1	Mental Health Resiliency	Dr. Susan Black	https://www.va.gov/WHOLEHEALTH/professional-resources/EWH-resources.asp
			Breath2Relax Mobile App
			Mindfulness Coach Mobile App
			Virtual Hope Box Mobile App
			PTSD Coach Mobile App
			COVID Coach Mobile App
1	Trauma-Informed Interactions with Diverse Veteran Populations	Dr. Emily Jeffries	Social construct video
1	The Impact of MST and how you can help survivors	Dr. Jessica Keith	www.ptsd.va.gov/apps/aboutface/learn/mst.html
			www.mentalhealth.va.gov/msthome/vha-mst-coordinators.asp
			www.vetcenter.va.gov

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1	The Impact of MST and how you can help survivors	Dr. Jessica Keith	www.mentalhealth.va.gov/mst
			www.youtube.com/embed/W132RMp2ohM?rel=0
1	S.A.V.E Suicide Prevention Training	Ms. Lillie Mells	https://www.veteranscrisisline.net/
			www.veteranscrisisline.net/ResourceLocator
			https://maketheconnection.net/
			www.keepitsecure.net
			www.nssf.org/safety
			Reducing Firearm & Other Household Safety Risks Brochure
			Mobile Apps - PTSD: National Center for PTSD (va.gov)
			https://www.ptsd.va.gov/appvid/mobile/ptsdcoach_app.asp
			https://www.mirecc.va.gov/coaching/
			https://psycharmor.org/courses/s-a-v-e/

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2	The Impact of Unconscious Bias on Veteran Populations	Mr. James Dyer and Ms. Charlene Small	Unconscious Bias at Work — Making the Unconscious Conscious – YouTube
2	Intimate Partner Violence	Dr. LeAnn Bruce	Intimate Partner Violence Assistance Program Overview TMS ID 131001788
			www.dangerassessment.org
			https://www.youtube.com/playlist?list=PL3AQ_JVoBEyyKFIW1SO-yb0v5VdevfR0A
			https://www.socialwork.va.gov/IPV/Index.asp
2	Beyond MST: A Self-Help Mobile App and Key Coping Resource for MST Survivors	Dr. Chris Skidmore	www.mentalhealth.va.gov/mst
			https://www.ptsd.va.gov/appvid/mobile/index.asp

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2	Beyond MST: A Self-Help Mobile App and Key Coping Resource for MST Survivors	Dr. Chris Skidmore	<u>Beyond MST in 60 Seconds</u>
			<u>Beyond MST 508-compliant one-page flyer</u>
			<u>Beyond MST overview</u>
			<u>Beyond MST email signature</u>
			<u>https://orders.gpo.gov/PTSD.aspx</u>
			<u>REACH VET Coping Apps Resource Cards</u>
			<u>Beyond MST website</u>
			<u>VHA's MST internet website</u>
			<u>VA App Store</u>
			<u>Disability Compensation for Conditions Related to Military Sexual Trauma (MST) fact sheet</u>
			<u>Healthcare professionals page</u>
			<u>Make the Connection MST page and videos</u>

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2	Beyond MST: A Self-Help Mobile App and Key Coping Resource for MST Survivors	Dr. Chris Skidmore	<u>MST Resource Homepage</u>
			<u>Veterans Health Library article on MST</u>
3	MST: Transition, Predischarge Programs, Overseas Military Service Coordinator (OMSC) Program	Dr. Carla Hill	<u>VA TAP Course Catalog - Outreach, Transition and Economic Development</u>