PTSD Exercise Part 1

Please ensure that you put out a disclaimer before doing this exercise, this contains very graphic military trauma, please excuse anyone from watching these clips or participating in this activity.

These are the clips we are going to watch. (as named in you tube)

1. Black Hawk down best scene
2. G.I. Jane S.E.R.E. Training
3. Full Metal Jacket Private Pyle part 3of3
4. Jarhead Opening Scene

Use the PTSD exercise stressor questionnaire PTSD Part 2 and have your students identify the different stressors and where they might go to verify them