

**NOTICE TO VETERAN/SERVICE MEMBER  
OF EVIDENCE NECESSARY TO SUBSTANTIATE A CLAIM FOR VETERANS DISABILITY  
COMPENSATION AND RELATED COMPENSATION BENEFITS**

(This notice is applicable to claims for: Disability Service Connection • Secondary Service Connection • Increased Disability Compensation • Temporary Total Disability Rating • Individual Unemployability • Compensation under 38 U.S.C. 1151 • Special Monthly Compensation • Specially Adapted Housing/Special Home Adaptation • Automobile Allowance/Adaptive Equipment • Benefits Based on a Veteran's Seriously Disabled Child)

Use this notice and the attached application to submit a claim for veterans disability compensation and related compensation benefits. This notice informs you of the evidence necessary to substantiate your claim. After you submit your claim, you *will not* receive an initial letter regarding your claim. You *do not* need to resubmit another application.

**May I apply electronically?** You can apply for VA disability compensation and pension online through eBenefits at [www.ebenefits.va.gov](http://www.ebenefits.va.gov). For disability compensation claims, you can also upload all supporting evidence you may have and make your claim a Fully Developed Claim. To file a claim for VA disability compensation electronically, go to eBenefits, select Apply for Benefits and then Apply for Disability Compensation. You will need to create an eBenefits account to apply for disability compensation online. To file a claim for VA pension electronically, go to eBenefits, select Apply for Benefits, and then select Apply for Veterans Benefits via VONAPP. Once you submit your claim, you can track the status using eBenefits.  
**NOTE:** You can contact an accredited Veteran Service Officer to assist you with your application.

**Want your claim processed faster?** The Fully Developed Claim (FDC) Program is the fastest way to get your claim processed and there is no risk to participate! To participate in the FDC Program, if you are making a claim for veterans disability compensation or related compensation benefits, simply submit your claim in accordance with the "FDC Criteria" shown below. If you are making a claim for veterans non service-connected pension benefits, use VA Form 21-527EZ, *Application for Pension*. If you are making a claim for survivor benefits, use VA Form 21-534EZ, *Application for DIC, Death Pension, and/or Accrued Benefits*. VA forms are available at [www.va.gov/vaforms](http://www.va.gov/vaforms).

<b>FDC Criteria (Claim(s) for Veterans Disability Compensation and Related Compensation Benefits)</b>	
1.	Submit your claim on a <u>signed and completed</u> VA Form 21-526EZ, <i>Application for Disability Compensation and Related Compensation Benefits</i> (Attached).
2.	<p>Submit simultaneously with your claim:</p> <ul style="list-style-type: none"> <li>• All, if any, relevant, private medical treatment records; <b>AND</b></li> <li>• An identification of any relevant treatment records available at a Federal facility, such as a VA medical center.</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Special Circumstances</b></p> <p>Under the special circumstances shown below, you must also submit simultaneously with your claim:</p> <ul style="list-style-type: none"> <li>• <b>For National Guard and Reserve members</b>, any and all Service Treatment and Personnel Records in the custody of your Unit(s)</li> <li>• <b>If claiming dependents</b>, a completed VA Form 21-686c, <i>Declaration of Status of Dependents</i>. If claiming a child in school between the ages of 18 and 23, you must also submit a completed VA Form 21-674, <i>Request for Approval of School Attendance</i>. If claiming benefits for a seriously disabled (helpless) child, you must also submit all, relevant, private medical treatment records pertaining to the child's pertinent disabilities</li> <li>• <b>If claiming Individual Unemployability</b>, a completed VA Form 21-8940, <i>Veteran's Application for Increased Compensation Based on Unemployability</i>, and a completed VA Form 21-4192, <i>Request for Employment Information in Connection with Claim for Disability Benefits</i></li> <li>• <b>If claiming Post-Traumatic Stress Disorder (PTSD)</b>, a completed VA Form 21-0781, <i>Statement in Support of Claim for Service Connection for Post-Traumatic Stress Disorder</i>, or if claiming PTSD based on personal assault, a completed VA Form 21-0781a, <i>Statement in Support of Claim for Service Connection for Post-Traumatic Stress Disorder Secondary to Personal Assault</i></li> <li>• <b>If claiming Specially Adapted Housing or Special Home Adaptation</b>, a completed VA Form 26-4555, <i>Application in Acquiring Specially Adapted Housing or Special Home Adaptation Grant</i></li> <li>• <b>If claiming Auto Allowance</b>, a completed VA Form 21-4502, <i>Application for Automobile or Other Conveyance and Adaptive Equipment</i></li> <li>• <b>If claiming additional benefits because you or your spouse require Aid and Aid Attendance</b>, a completed VA Form 21-2680, <i>Examination for Housebound Status or Permanent Need for Regular Aid and Attendance</i>, or if claiming Aid and Attendance based on nursing home attendance, a VA Form 21-0779, <i>Request for Nursing Home Information in Connection with Claim for Aid and Attendance</i></li> </ul> </div>
3.	Report for any VA medical examinations that VA determines are necessary to decide your claim.

**The Fully Developed Claim (FDC) Program is the fastest way to get your claim processed, and there is no risk to participate!**

Participation in the FDC Program is optional and will not affect the quality of care you receive or the benefits to which you are entitled. If you file a claim in the FDC Program and it is determined that other records exist and VA needs the records to decide your claim, then VA will simply remove the claim from the FDC Program (Optional Expedited Process) and process it in the Standard Claim Process. See below for more information. If you wish to file your claim in the FDC Program, see FDC Program (Optional Expedited Process). If you wish to file your claim under the process in which VA traditionally processes claims, see Standard Claim Process.

**WHAT YOU NEED TO DO**

You must submit all relevant evidence in your possession and provide the VA information sufficient to enable it to obtain all relevant evidence not in your possession. If your claim involves a disability that you had before entering service and that was made worse by service, please provide any information or evidence in your possession regarding the health condition that existed before your entry into service.

FDC Program (Optional Expedited Process)	Standard Claim Process
<p>You must:</p> <ul style="list-style-type: none"><li>• Submit your claim in accordance with the "FDC Criteria" (see page 1)</li></ul>	<p>You must:</p> <ul style="list-style-type: none"><li>• If you know of evidence not in your possession and want VA to try to get it for you, give VA enough information about the evidence so that we can request it from the person or agency that has it</li></ul> <p>If the holder of the evidence declines to give it to VA, asks for a fee to provide it, or otherwise cannot get the evidence, VA will notify you and provide you with an opportunity to submit the information or evidence. <b><i>It is your responsibility to make sure we receive all requested records that are not in the possession of a Federal department or agency.</i></b></p>

**HOW VA WILL HELP YOU OBTAIN EVIDENCE FOR YOUR CLAIM**

FDC Program (Optional Expedited Process)	Standard Claim Process
<p>VA will:</p> <ul style="list-style-type: none"><li>• Retrieve relevant records from a Federal facility, such as a VA medical center, that you adequately identify and authorize VA to obtain</li><li>• Provide a medical examination for you, or get a medical opinion, if we determine it is necessary to decide your claim</li></ul>	<p>VA will:</p> <ul style="list-style-type: none"><li>• Retrieve relevant records from a Federal facility such as a VA medical center, that you adequately identify and authorize VA to obtain</li><li>• Provide a medical examination for you, or get a medical opinion, if we determine it is necessary to decide your claim</li><li>• Make every reasonable effort to obtain relevant records not held by a Federal facility that you adequately identify and authorize VA to obtain. These may include records from State or local governments and privately held evidence and information you tell us about, such as private doctor or hospital records from current or former employers</li></ul>

**WHEN YOU SHOULD SEND WHAT WE NEED**

FDC Program (Optional Expedited Process)	Standard Claim Process
<p>You must:</p> <ul style="list-style-type: none"><li>• Send the information and evidence simultaneously with your claim</li></ul> <p>If you submit additional information or evidence after you submit your "fully developed" claim, then VA will remove the claim from the FDC Program Expedited Process and process it in the Standard Claim Process. If we decide your claim before one year from the date we receive the claim, you will still have the remainder of the one-year period to submit additional information or evidence necessary to support the claim.</p>	<p>You are strongly encouraged to:</p> <ul style="list-style-type: none"><li>• Send any information or evidence as soon as you can</li></ul> <p>You have up to one year from the date we receive the claim to submit the information and evidence necessary to support your claim. If we decide the claim before one year from the date we receive the claim, you will still have the remainder of the one year period to submit additional information or evidence necessary to support the claim.</p>

**WHERE TO SEND INFORMATION AND EVIDENCE**

Mail or take your application and any evidence in support of your claim to the closest VA regional office. VA regional office addresses are available on the Internet at [www.va.gov/directory](http://www.va.gov/directory).

## WHAT THE EVIDENCE MUST SHOW TO SUPPORT YOUR CLAIM

If you are claiming...	See the evidence table titled...
You have a disability that was caused or aggravated by your service	Disability Service Connection
Your service connected disability caused or aggravated an additional disability	Secondary Service Connection
Your service connected disability has worsened	Increased Disability Compensation
Your service connected disability caused you to be hospitalized or to undergo surgery or other treatment	Temporary Total Disability Rating
Your service connected disability(ies) prevents you from getting or keeping substantial employment	Individual Unemployability
You have a disability caused or aggravated by VA medical treatment, vocational rehabilitation, or compensated work therapy	Compensation Under 38 U.S.C. 1151
Your service connected disability(ies) causes you to be in need of aid and attendance or to be confined to your residence	Special Monthly Compensation

**IMPORTANT: If you are claiming homelessness see page 6 of the Instructions for more information on expediting claims for homeless veterans.**

If you are claiming benefits...	See the evidence table titled...
For adapting and/or purchasing a residence	Special Adapted Housing or Special Home Adaptation
For adapting and/or purchasing a vehicle	Auto Allowance
Because your spouse is severely disabled	Special Monthly Compensation
Because your child is severely disabled	Helpless Child

## EVIDENCE TABLES

Disability Service Connection
<p>To support a claim for <b>service connection</b>, the evidence must show:</p> <ul style="list-style-type: none"> <li>You had an injury in service, or a disease that began in or was made permanently worse during service, or there was an event in service that caused an injury or disease; <b>AND</b></li> <li>You have a current physical or mental disability. This may be shown by medical evidence or by lay evidence of persistent and recurrent symptoms of disability that are visible or observable; <b>AND</b></li> <li>A relationship exists between your current disability and an injury, disease, symptoms, or event in service. This may be shown by medical records or medical opinions or, in certain cases, by lay evidence.</li> </ul> <p>However, under certain circumstances, VA may presume that certain current disabilities were caused by service, even if there is no specific evidence proving this in your particular claim. The cause of a disability is presumed for the following veterans who have certain diseases:</p> <ul style="list-style-type: none"> <li>Former prisoners of war;</li> <li>Veterans who have certain chronic or tropical diseases that become evident within a specific period of time after discharge from service;</li> <li>Veterans who were exposed to ionizing radiation, mustard gas, or Lewisite while in service;</li> <li>Veterans who were exposed to certain herbicides, such as by serving in Vietnam; or</li> <li>Veterans who served in the Southwest Asia theater of operations during the Gulf War.</li> </ul> <p>To support a claim for <b>service connection based upon a period of active duty for training</b>, the evidence must show:</p> <ul style="list-style-type: none"> <li>You were disabled during active duty for training due to disease or injury incurred or aggravated in the line of duty; <b>AND</b></li> <li>You have a current physical or mental disability. This may be shown by medical evidence or by lay evidence of persistent and recurrent symptoms of disability that are visible or observable; <b>AND</b></li> <li>There is a relationship between your current disability and the disease or injury incurred or aggravated during active duty for training. This may be shown by medical records or medical opinions or, in certain cases, by lay evidence.</li> </ul> <p>To support a claim for <b>service connection based upon a period of inactive duty training</b>, the evidence must show:</p> <ul style="list-style-type: none"> <li>You were disabled during inactive duty training due to an injury incurred or aggravated in the line of duty or an acute myocardial infarction, cardiac arrest, or cerebrovascular accident during inactive duty training; <b>AND</b></li> <li>You have a current physical or mental disability. This may be shown by medical evidence or by lay evidence of persistent and recurrent symptoms of disability that are visible or observable; <b>AND</b></li> <li>There is a relationship between your current disability and your inactive duty training. This may be shown by medical records or medical opinions or, in certain cases, by lay evidence.</li> </ul>

## EVIDENCE TABLES (Continued)

### Disability Service Connection (Continued)

In order to **reopen a claim previously denied** by VA, we need new and material evidence. New and material evidence must raise a reasonable possibility of substantiating your claim. The evidence cannot simply be repetitive or cumulative of the evidence we had when we previously decided your claim. VA will make reasonable efforts to help you obtain currently existing evidence. However, we cannot provide a medical examination or obtain a medical opinion until your claim is successfully reopened.

- To qualify as new, the evidence must currently exist and be submitted to VA for the first time.
- In order to be considered material, the additional existing evidence must pertain to the reason your claim was previously denied.

### Secondary Service Connection

To support a claim for **compensation based upon an additional disability** that was caused or aggravated by a service-connected disability, the evidence must show:

- You currently have a physical or mental disability shown by medical evidence or by lay evidence of persistent and recurrent symptoms of disability that are visible or observable, in addition to your service-connected disability; **AND**
- Your service-connected disability either caused or aggravated your additional disability. This may be shown by medical records or medical opinions or, in certain cases, by lay evidence. However, VA may presume service-connection for cardiovascular disease developing in a claimant with certain service-connected amputation(s) of one or both lower extremities.

### Increased Disability Compensation

If VA previously granted service connection for your disability and you are seeking an **increased evaluation** of your service-connected disability, we need medical or lay evidence to show a worsening or increase in severity and the effect that worsening or increase has on your ability to work.

### Temporary Total Disability Rating

In order to support a claim for a **temporary total disability rating due to hospitalization**, the evidence must show:

- You were treated for more than 21 days for a service-connected disability at a VA or other approved hospital; **OR**
- You underwent hospital observation at VA expense for a service-connected disability for more than 21 days.

In order to support a claim for a **temporary total disability rating due to surgical or other treatment** performed by a VA or other approved hospital or outpatient facility, the evidence must show:

- The surgery or treatment was for a service-connected disability; **AND**
- The surgery required convalescence of at least one month; **OR**
- The surgery resulted in severe postoperative residuals, such as incompletely healed surgical wounds, stumps of recent amputations, therapeutic immobilizations, house confinement, or the required use of a wheelchair or crutches; **OR**
- One major joint or more was immobilized by a cast without surgery.

### Individual Unemployability

In order to support a claim for a **total disability rating based on individual unemployability**, the evidence must show:

- That your service-connected disability or disabilities are sufficient, without regard to other factors, to prevent you from performing the mental and/or physical tasks required to get or keep substantially gainful employment; **AND**
- Generally, you meet certain disability percentage requirements as specified in 38 Code of Federal Regulations 4.16 (i.e. one disability ratable at 60 percent or more, **OR** more than one disability with one disability ratable at 40 percent or more and a combined rating of 70 percent or more).

In order to support a claim for an **extra-schedular evaluation based on exceptional circumstances**, the evidence must show:

- That your service-connected disability or disabilities present such an exceptional or unusual disability picture, due to such factors as marked interference with employment or frequent periods of hospitalization, that application of the regular schedular standards is impractical.

### Compensation Under 38 U.S.C. 1151

In order to support a claim for **compensation under 38 U.S.C. 1151**, the evidence must show that, as a result of VA hospitalization, medical or surgical treatment, examination, or training, you have:

- An additional disability or disabilities; **OR**
- An aggravation of an existing injury or disease; **AND**
- The disability was the direct result of VA fault such as carelessness, negligence, lack of proper skill, or error in judgment, or not a reasonably expected result or complication of the VA care or treatment; **OR**
- The direct result of participation in a VA Vocational Rehabilitation and Employment or compensated work therapy program.

## EVIDENCE TABLES (Continued)

### Special Monthly Compensation

In order to support a claim for **increased benefits based on the need for aid and attendance**, the evidence must show that, due to your service-connected disability or disabilities:

- You require the aid of another person in order to perform personal functions required in everyday living, such as bathing, feeding, dressing yourself, attending to the wants of nature, adjusting prosthetic devices, or protecting yourself from the hazards of your daily environment (38 Code of Federal Regulation 3.352(a)); **OR**
- You are bedridden, in that your disability or disabilities requires that you remain in bed apart from any prescribed course of convalescence or treatment (38 Code of Federal Regulation 3.352(a)).

In order to support a claim for **increased benefits based on an additional disability or being housebound**, the evidence must show:

- You have a single service-connected disability evaluated as 100 percent disabling **AND** an additional service-connected disability, or disabilities, evaluated as 60 percent or more disabling; **OR**
- You have a single service-connected disability evaluated as 100 percent disabling **AND**, due solely to your service-connected disability or disabilities, you are permanently and substantially confined to your immediate premises.

In order to support a claim for **increased benefits based on your spouse's need for aid and attendance**, per the provisions of 38 C.F.R. § 3.351(c), the evidence must show:

- Your spouse is blind or so nearly blind as to have corrected visual acuity of 5/200 or less, in both eyes, or concentric contraction of the visual field to 5 degrees or less; **OR**
- Your spouse is a patient in a nursing home because of mental or physical incapacity; **OR**
- Your spouse requires the aid of another person in order to perform personal functions required in everyday living, such as bathing, feeding, dressing, attending to the wants of nature, adjusting prosthetic devices, or protecting him or her from the hazards of his or her daily environment (See 38 C.F.R. § 3.352(a) for complete explanation).

**IMPORTANT:** For additional benefits to be payable for a spouse, the veteran must be entitled to compensation and evaluated as 30 percent or more disabling.

### Specially Adapted Housing or Special Home Adaptation

To support your claim for **specially adapted housing (SAH)**, the evidence must show you are a:

- Veteran entitled to compensation under 38 U.S.C. Chapter 11 for a permanent and totally disabling qualifying condition; **OR**
- Service member on active duty who has a permanent and totally disabling qualifying condition incurred or aggravated in the line of duty.

To support that you have a **qualifying condition for SAH** the evidence must show:

- Amyotrophic lateral sclerosis (ALS); **OR**
- Loss (amputation) or loss of use of
  - *both* lower extremities; **OR**
  - *one* lower extremity and one upper extremity affecting balance or propulsion; **OR**
  - *one* lower extremity plus residuals of organic disease or injury affecting balance or propulsion creating a need for regular, constant use of a wheelchair, braces, crutches or canes as a normal mode of getting around (although getting around by other methods may be occasionally possible); **OR**
- Loss or loss of use of *both* upper extremities precluding use of the arms at or above the elbow; **OR**
- Blindness in *both* eyes, with light perception only and the loss or loss of use of one lower extremity; **OR**
- A severe burn injury, meaning full thickness or subdermal burns that have resulted in contractures with limitation of motion of
  - *two or more* extremities; **OR**
  - *at least one* extremity and the trunk.

To support your claim for **SAH** the evidence may alternatively show you are a:

- Veteran who served and became permanently disabled from a qualifying condition on or after September 11, 2001; **OR**
- Service member on active duty who was permanently disabled in the line of duty from a qualifying condition on or after the same date.

To support that you have a **qualifying condition under the alternative service criteria** the evidence must show:

- Loss (amputation) or loss of use of
  - *one or more* lower extremities, severely affecting the functions of balance or propulsion and creating a need for regular, constant use of a wheelchair, braces, crutches or canes as a normal mode of getting around (although getting around by other methods may be occasionally possible).

To support your claim for a **special home adaptation (SHA) grant** the evidence must show you are a:

- Veteran entitled to compensation under 38 U.S.C. Chapter 11 for a qualifying condition; **OR**
- Service member on active duty who has a qualifying condition incurred or aggravated in the line of duty.

## EVIDENCE TABLES (Continued)

### Specially Adapted Housing or Special Home Adaptation (Continued)

To support that you have a **qualifying condition for SHA** the evidence must show:

- Blindness with central visual acuity of 20/200 or worse in each eye using a standard correcting lens; **OR**
- Blindness such that the visual field in each eye subtends an angle no greater than 20 degrees; **OR**
- Permanent and total disability from loss, or loss of use, of *both* hands; **OR**
- Permanent and total disability from a severe burn injury meaning
  - deep partial thickness burns that have resulted in contractures with limitation of motion of *two or more* extremities or of *at least one* extremity and the trunk; **OR**
  - full thickness or subdermal burns that have resulted in contracture(s) with limitation of motion of *one or more* extremities or the trunk; **OR**
  - residuals of inhalation injury (including, but not limited to, pulmonary fibrosis, asthma, and chronic obstructive pulmonary disease).

### Auto Allowance

To support a claim for **automobile allowance or adaptive equipment**, the evidence must show that you have a service-connected disability resulting in:

- (1) the loss, or permanent loss of use, of at least a foot or a hand; **OR**
- (2) permanent impairment of vision of both eyes, resulting in:
  - (a) vision of 20/200 or less in the better eye with corrective glasses; **OR**
  - (b) vision of 20/200 or better, if there is a severe defect in your peripheral vision; **OR**
- (3) deep partial thickness or full thickness burns resulting in scar formation that cause contractures and limit motion of one or more extremities of the trunk and preclude effective operation of an automobile; **OR**
- (4) amyotrophic lateral sclerosis (ALS).

**NOTE** - You may be entitled to *only* adaptive equipment if you have ankylosis ("freezing") of at least one knee or one hip due to service-connected disability. Medical evidence, including a VA examination, will show these things. VA will provide an examination if it determines that one is necessary.

### Helpless Child

To support a claim for **benefits based on a veteran's child being helpless**, the evidence must show that the child, before his or her 18th birthday, became permanently incapable of self-support due to a mental or physical disability.

**IMPORTANT:** For additional benefits to be payable for a child, the veteran must be entitled to compensation and evaluated as 30 percent or more disabling.

#### HOW VA DETERMINES THE EFFECTIVE DATE.

If we grant your claim, the beginning date of your entitlement or increased entitlement to benefits will generally be based on the following factors:

- When we received your claim; **OR**
- When the evidence shows a level of disability that supports a certain rating under the rating schedule

If VA received your claim prior to or within one year of your separation from the military, entitlement will be from the day following the date of your separation.

#### HOW VA DETERMINES THE DISABILITY RATING.

When we find disabilities to be service-connected, we assign a disability rating. That rating can be changed if there are changes in your condition. Depending on the disability involved, we will assign a rating from 0 percent to as much as 100 percent. VA uses a schedule for evaluating disabilities that is published as title 38, Code of Federal Regulations, Part 4. In rare cases, we can assign a disability level other than the levels found in the schedule for a specific condition if your impairment is not adequately covered by the schedule.

We consider evidence of the following in determining disability rating:

- Nature and symptoms of the condition;
- Severity and duration of the symptoms; **AND**
- Impact of the condition and symptoms on employment.

Examples of evidence that you should tell us about or give to us that may affect how we assign a disability evaluation include the following:

- Information about on-going treatment records, including VA or other Federal treatment records, you have not previously told us about;
- Social Security determinations;
- Statements from employers as to job performance, lost time, or other information regarding how your condition(s) affect your ability to work; **OR**
- Statements discussing your disability symptoms from people who have witnessed how the symptoms affect you.

For more information on the FDC Program, visit our web site at <http://benefits.va.gov/transformation/fastclaims/>.

For more information on VA benefits, visit our web site at [www.va.gov](http://www.va.gov), contact us at <http://iris.va.gov>, or call us toll-free at 1-800-827-1000. If you use a Telecommunications Device for the Deaf (TDD), the Federal relay number is 711. VA forms are available at [www.va.gov/vaforms](http://www.va.gov/vaforms).

#### ARE YOU REQUESTING EXPEDITED PROCESSING DUE TO BEING HOMELESS OR IN DANGER OF BECOMING HOMELESS?

To support a request for **homeless processing**, you must show:

- You are presently homeless or in danger of becoming homeless
- You must have the following service qualifications:
  - 90 days of consecutive service; **OR**
  - 90 days of combined service; **OR**
  - were discharged prior to 90 days of service due to injury; **AND**
  - Have other than dishonorable military service
- You have a documented disability. You are considered having a documented disability if medical evidence shows:
  - Current diagnoses of a disease, disorder, injury, or illness; **OR**
  - Receiving Social Security disability benefits; **OR**
  - Have a disability reasonably certain to continue throughout your lifetime
- Your net worth and income do not exceed certain requirements

#### **IMPORTANT**

If you wish to make a claim for **veterans non service-connected pension benefits** because you have little or no income, use VA Form 21-527EZ, *Application for Pension*. VA forms are available at [www.va.gov/vaforms](http://www.va.gov/vaforms). If you cannot access this form, write the word "**Pension**" in Item 13, or at the top of the attached application and VA will send you the form.



13. LIST THE DISABILITY(IES) YOU ARE CLAIMING (If applicable, identify whether a disability is due to a service-connected disability, is due to confinement as a Prisoner of War, is due to exposure to Agent Orange, Asbestos, Mustard Gas, Ionizing Radiation, or Gulf War Environmental Hazards, or is related to benefits under 38 U.S.C. 1151).

Please list your contentions below. See the following examples, for more information:

- Example 1: Hearing loss
- Example 2: Diabetes-Agent Orange (exposed 12/72, Da Nang)
- Example 3: Left knee - secondary to right knee

DISABILITIES	
1.	P T S D
2.	I n c r e a s e i n a s t h m a
3.	l u m b a r d e g e n e r a t i v e a r t h r i t i s
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14. LIST VA MEDICAL CENTER(S) (VAMC) AND DEPARTMENT OF DEFENSE (DOD) MILITARY TREATMENT FACILITIES (MTF) WHERE YOU RECEIVED TREATMENT AFTER DISCHARGE FOR YOUR CLAIMED DISABILITY(IES) AND PROVIDE TREATMENT DATES:

A. NAME AND LOCATION	B. DATE(S) OF TREATMENT



**NOTE: IF YOU WISH TO CLAIM ANY OF THE FOLLOWING, COMPLETE AND ATTACH THE REQUIRED FORM(S) AS STATED BELOW (VA forms are available at [www.va.gov/vaforms](http://www.va.gov/vaforms)).**

For:	Required Form(s):
Dependents	VA Form 21-686c and, if claiming a child aged 18-23 years and in school, VA Form 21-674
Individual Unemployability	VA Form 21-8940 and 21-4192
Post-Traumatic Stress Disorder	VA Form 21-0781 and 21-0781a
Specially Adapted Housing or Special Home Adaptation	VA Form 26-4555
Auto Allowance	VA Form 21-4502
Veteran/Spouse Aid and Attendance benefits	VA Form 21-2680 or, if based on nursing home attendance, VA Form 21-0779

**SECTION II: SERVICE INFORMATION**

15A. DID YOU SERVE UNDER ANOTHER NAME? <input type="checkbox"/> YES (If "Yes," complete Item 15B) <input checked="" type="checkbox"/> NO (If "No," skip to Item 16A)		15B. PLEASE LIST THE OTHER NAME(S) YOU SERVED UNDER:	
16A. MOST RECENT ACTIVE SERVICE ENTRY DATE (MM,DD,YYYY) Month Day Year <b>0 8 - 1 1 - 1 9 8 1</b>		16B. RELEASE DATE OR ANTICIPATED DATE OF RELEASE FROM ACTIVE SERVICE (MM,DD,YYYY) Month Day Year <b>1 0 - 3 1 - 2 0 0 1</b>	
16C. DID YOU SERVE IN A COMBAT ZONE SINCE 9-11-2001? <input checked="" type="checkbox"/> YES <input type="checkbox"/> NO		16D. PLACE OF LAST OR ANTICIPATED SEPARATION <b>Camp Casey Transition Center, AP 96224</b>	
17A. ARE YOU CURRENTLY SERVING OR HAVE YOU EVER SERVED IN THE RESERVES OR NATIONAL GUARD? <input type="checkbox"/> YES <input checked="" type="checkbox"/> NO (If "Yes," complete Items 17B thru 17F) (If "No," skip to Item 18A)		17B. COMPONENT <input type="checkbox"/> NATIONAL GUARD <input type="checkbox"/> RESERVES	17C. OBLIGATION TERM OF SERVICE Month Day Year From: <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> To: <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/>
17D. CURRENT OR LAST ASSIGNED NAME AND ADDRESS OF UNIT:		17E. CURRENT OR ASSIGNED PHONE NUMBER OF UNIT (Include Area Code) (     )	17F. ARE YOU CURRENTLY RECEIVING INACTIVE DUTY TRAINING PAY? <input type="checkbox"/> YES <input checked="" type="checkbox"/> NO
18A. ARE YOU CURRENTLY ACTIVATED ON FEDERAL ORDERS WITHIN THE NATIONAL GUARD OR RESERVES? <input type="checkbox"/> YES <input checked="" type="checkbox"/> NO (If "Yes," complete Items 18B & 18C)	18B. DATE OF ACTIVATION: (MM,DD,YYYY) Month Day Year <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/>		18C. ANTICIPATED SEPARATION DATE: (MM,DD,YYYY) Month Day Year <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/>
19A. HAVE YOU EVER BEEN A PRISONER OF WAR? <input type="checkbox"/> YES <input checked="" type="checkbox"/> NO (If "Yes," complete Item 19B)	19B. DATES OF CONFINEMENT (MM,DD,YYYY) From: Month Day Year To: Month Day Year <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/> - <input type="text"/> <input type="text"/> <input type="text"/>		

**SECTION III: SERVICE PAY**

20A. DID/DO YOU RECEIVE ANY TYPE OF SEPARATION/SEVERANCE/RETIRED PAY? <input type="checkbox"/> YES <input checked="" type="checkbox"/> NO (If "Yes," complete Items 20B and 20C)	20B. LIST AMOUNT (If known) \$	20C. LIST TYPE (If known)
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**IMPORTANT:** Submission of this application constitutes an election of VA compensation in lieu of military retired pay if it is determined you are entitled to both benefits. If you are entitled to receive military retired pay, your retired pay may be reduced by the amount of any VA compensation that you are awarded. VA will notify the Military Retired Pay Center of all benefit changes. Receipt of military retired pay or Voluntary Separation Incentive (VSI) and VA compensation at the same time may result in an overpayment, which may be subject to collection. However, if you **do not** want to receive VA compensation in lieu of military retired pay, you should check the box in **Item 21**. Please note that if you check the box in **Item 21**, you **will not** receive VA compensation, if granted.

**21. I want military retired pay instead of VA compensation**

**IMPORTANT:** You may elect to keep the training pay for inactive duty training days you received from the military service department. However, to be legally entitled to keep your training pay, you must waive VA benefits for the number of days equal to the number of days for which you received training pay. In most instances, it will be to your advantage to waive your VA benefits and keep your training pay.

If you waive VA benefits to receive training pay by checking the box in **Item 22**, VA will adjust your VA award to withhold future benefits equal to the total number of inactive duty for training days waived and at the monthly rate in effect for the fiscal year period for which you received training pay. Your normal VA rate will be restored when the sufficient numbers of days' benefits have been withheld.

**22. I elect to waive VA benefits for the days I accrued inactive duty training pay in order to retain my inactive duty training pay.**

